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Tartar / Dissident

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Tartar / Dissident

If you meditate for long
enough, do it really well,
they say your spirit can leave
your body, visit other
worlds, like heaven and hell.
They say you could leave for months
at once and it won't matter
where your body was.

Bet he's wishing he'd paid more
attention in tai chi class,
wishing he could do astral
travel now, now that he is
surrounded, blinded, by these
four invisible walls, gone
deaf from their silent darkness.
I bet he wishes he still
had all his senses.

Think he still knows what he's in
here for? Wonder what year he
thinks it is? Think its time we
showed him the outside, gave him
a small taste of what he's missed.
Wonder how he'll feel finding
out that the world's been getting
on fine without him?

Stephanie Chan, 2009