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Pandora's Box

By Marisa Wikramanayate

My mind has become a Pandora's box

Of all the things I should forget

And yet I never stop breaking the lock

Letting all my demons out, causing me to fret.

The stupidest things, the most depressing things

That one could possibly come up with,

Keep circling around in my head in concentric rings

Spiraling like a phoenix rising from the flames and ashes of myth

So where is the one thing that keeps me sane?
Pandora had hope, where is mine?
There is none – depression breeds unnecessary pain
In a mind like Pandora's box, control is ill defined.