

Fall 1987

# Computer Work Health Workshop

Denison University

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# WOMEN'S HEALTH MONTH

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SEPTEMBER 1987

September 14, 1987

On Tuesday, September 22, 1987, as part of Women's Health Month, Denison 9 to 5 will sponsor a Workshop on Computer Health and Safety. The workshop will be held in the University Room on the fourth floor of Slayter Hall. Beginning at 4:30, there will be a social time and healthful snacks and foods will be provided. The workshop will start between 5:00 and 5:15 and last approximately one hour.

The workshop will focus on such questions as "Are we adjusting ourselves to our computer work area?" and "Are there ways that the equipment, furniture and work environment can and should be adjusted to protect our health?"

In this workshop, we will look at the special needs of offices with computers. We will discuss some of the serious injuries that can result from poor workstation design and long hours of continuous keyboard work. Questions about the possibility of reproductive hazards will be addressed.

A step-by-step approach to securing needed improvements will be suggested. The workshop will close with a discussion of concrete ways this approach could be utilized at Denison.

Leading the workshop will be Sharon Danann from the National Association of 9 to 5 Working Women. Sharon has a Master of Science degree in Industrial Hygiene from Harvard School of Public Health and has conducted many workshops of this kind around the country.

Registration for this workshop will be on a first come, first served basis. There is no charge, but you do need to register. Please complete the form below and return to Mary Philipps, Provost's Office, by Friday, September 18.

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RETURN FORM TO MARY PHILIPPS, PROVOST'S OFFICE, BY SEPTEMBER 18.

\_\_\_\_\_ I will attend the Computer Workshop on September 22.

\_\_\_\_\_  
Name